



Hey ladies, this post is

actually for the man in your life so you may need to find a way to subtly pass it on to him (i.e. have your best friend do it). Here's why: The Valentine's-themed 10k/5k run, The Generational Equity [Cupid Dash](#) benefiting [Make-A-Way Charities](#), will take place on February 18. So why are we telling you this? Because as a part of the event Zales is sponsoring a surprise proposal contest. Here's how it works: Men who are ready to "take the plunge" should submit their best love story and a picture to [cmitchell@makeawaycharities.org](mailto:cmitchell@makeawaycharities.org) by February 10. The lucky guy whose tale wins first place will propose to his girlfriend at the race with a diamond engagement ring provided (for free!) by Zales. He'll also leave with a matching diamond wedding band, a his-and-hers hot stone massage package from Elizabeth Arden Red Door Salon and Spa, and best of all, a new fiancée. And guys, as long as you're entering the contest, why not spread the love to those in need by participating in the run too?